

NEOTÈS

M A G A Z I N E

*SAINT FRANCIS XAVIER PARISH BALLINA
BY THE YOUTH, FOR THE YOUTH*





BALLINA YOUTH

Previously known as SFX Youth, the Parish youth program has been updated and renamed.

What you need to know:

The St. Francis Xavier Youth Group for high school students has been renamed to the Upper Room Youth Group and moved to Sunday afternoons 6:00-8:00pm during school term in the Parish Upper Room. They are a warm and welcoming group, who aim to provide a sense of community, culture and belonging to the youth of the Ballina Parish through the development of their social and spiritual needs.

The instagram and facebook pages have updated their logos and changed names from @sfx_youth to @ballina.youth



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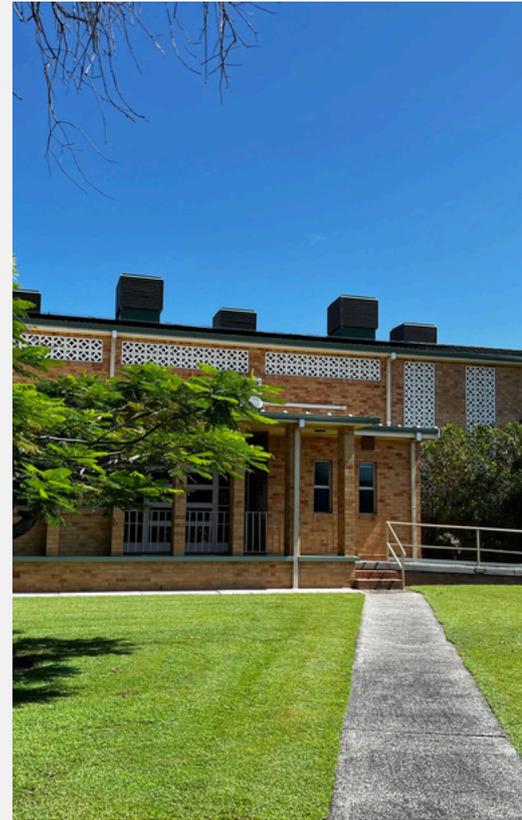


BRAIN TEASERS

6.

BALLINA PARISH

*SAINT FRANCIS XAVIER CATHOLIC
PARISH, BALLINA*



The St Francis Xavier Ballina Parish is a vibrant parish where people from all cultures will be warmly welcomed into our faith community; people will share their baptismal calling to witness the love of God in action; people will receive the Sacraments throughout their life journey in a community embraced with encouragement and love.

Brief History

- 1890 Parish of Ballina established – Ballina population 1000
- 1901 New St Francis Xavier Church opened
- 1955 Holy Family Church opened in Lennox Head
- 1962 New brick church opened at Ballina by Bishop Farrelly

Vision Statement of St Francis Xavier's Parish Ballina/Lennox Head

- **Celebrate:** We are disciples of Jesus and celebrate his presence amongst us.
- **Evangelise:** We are called to recognise Jesus, accept him in our lives and spread the GOOD NEWS of salvation.
- **Develop:** We are committed by developing the life and mission of our parish
- **Collaborate:** We are a community who welcome everyone without exception.
- **Care:** We are a people who acknowledge the worth of every individual and the environment in which we live.



“It is not the actual physical exertion that counts towards one’s progress, not the nature of the task, but by the spirit of faith with which it is undertaken.”
St Francis Xavier

MEET OUR YOUTH MINISTERS

SAINT FRANCIS XAVIER CATHOLIC
PARISH, BALLINA



Brendon Clarke
Xavier College
Youth Minister



John Kearney
Ballina Parish
Pastoral Associate



Kailani Tiernan
Ballina Parish Youth
Coordinator



Oliver Dwyer
Richmond Regional
Ministry Assistant

The Ballina Parish has been running a youth group since 2015 in conjunction with the parish priests and local Youth Ministers. We have a team of experienced Leaders who have worked in both Parish and School roles as Youth Ministers, participated in Diocesan run events, attended the Australian Catholic Youth Festival and recently represented the Parish at World Youth Day in Portugal.

“These are the things you must insist on and teach. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I arrive, give attention to the public reading of scripture,[a] to exhorting, to teaching.” 1 Timothy 4:11-13



Xavier Catholic College's Leader of School Evangelisation David Eyles (top left) and current Youth Minister Brendon Clarke (top middle), with Youth Ministry Alumni Kailani Tiernan (top right), Laurie Pratt (bottom left), John Kearney (bottom middle), and Sophie Sullivan (bottom right) at the 2024 Ignite Conference.



YOUTH GROUP UPDATE

BY THE SPIRIT OF FAITH

The St. Francis Xavier Youth Group is a warm and welcoming group, who aim to provide a sense of community, culture and belonging to the youth of the Ballina Parish through the development of their social and spiritual needs. The Upper Room Youth Group occurs on Sundays, 6:00-8:00pm during term time held in the Ballina Parish Upper Room for local High School students.

At Youth Group each week, we discuss the life of a particular saint. Learning about the lives of saints is important in inspiring us to lead lives for God.

The first Youth Group of September fell on the first Sunday of the month, aka Father's Day! As such the saint we focused on was Jesus' own earthly father, Saint Joseph. We began the



UPDATE CONTINUED...

night with dinner and a debrief of SHINE from the previous week. We heard all about the exciting workshops, and youth rallies that our youth members attended. We began with a Dad Joke Scavenger Hunt, finding the two parts of the jokes hidden around the building and then matching them to their correct pair. We played a few epic rounds of space jump, before finishing off the night with a game of team 'cat and mouse', where the members were racing against the clock and each other.

The second youth group of the month including a visit from our good friend, Sr Di! She came down from Lismore with homemade desert and joined in on our night of card games, where members of our youth group taught us a tricky game of Crazy Coo. We also spent some time discussing the lives and experiences of the Shepherd Children, Saints Jacinta and Francisco Marto and their cousin Ven. Lucia.

Members of the Upper Room Youth Group also attended the annual Ignite Conference in Brisbane for four days this month. At Ignite they were able to meet students from other Parishes and schools, attend workshops, listen to keynote speakers, and participate in youth rallies lead by Emmanuel Worship.

Upon returning from Ignite we had our last youth group of the term where we had a quiet night in, recounting our favourite parts of Ignite and what we are taking away from it, before finishing with an episode of The Chosen, season 2, episode 4 'The Perfect Opportunity' as requested. We also celebrated the Feast of Saint Matthew the Evangelist, who's Feast Day occurred the day prior.

Reminder: Youth Group is now Sundays, 6:00-8:00pm in the Parish Upper Room.



YOUTH GROUP GALLERY



YOUTH GROUP GALLERY



IGNITE CONFERENCE

THEN PETER SAID, "SILVER AND GOLD I DO NOT HAVE, BUT WHAT I DO HAVE I GIVE YOU: IN THE NAME OF JESUS CHRIST OF NAZARETH, RISE UP AND WALK." - ACTS 3:6

Hosted at St Laurence's College, South Brisbane from the 19th to 22nd of September, Ignite Conference is a gathering of Catholics for four days of real-world formation, renewal of faith, great people and powerful worship. Join over 2000 high schoolers, young adults, leaders, teachers, priests and religious taking part in a life changing encounter with God and His Church.

This month Xavier students from years 7-10,

including members of our Parish Youth Group, travelled to Brisbane to join with students and young adults from across the Lismore Diocese to attend the annual IGNITE conference. This year's theme was 'RISE UP' focussing on the importance of "rising up from the ashes of Covid, our mental health, our personal challenges, and to breathe again. To step into a rebirth and renewed life. To discover hope and meaning and purpose again." - Kym Keady (Director of Ignite Youth)

This year marked my eighth IGNITE CONFERENCE since going for my first time in 2015 when I was in year 9. I have had the opportunity to go to IGNITE as a student, a youth minister and now as a young adult.

I made a conscious choice this year to choose workshops and keynotes that would be of benefit to my own faith life as well as my work in the Parish. Workshops that focused on strong spiritual foundations, of the new 'religions of the day' and my favourite, dealing with spiritual desolation. Dealing with Desolation was a workshop run by Father Robin Koning SJ, a Jesuit Priest that I have met before in his travels to Xavier Catholic College.

Father Robin explained the differences between spiritual consolation and desolation identified by Saint Ignatius of Loyola. Spiritual consolation are times we are inflamed with God's love, times where we have an increase of faith, hope and love. Desolation on the other hand is the movement from focus on God and heavenly things like prayer, to earthly things.

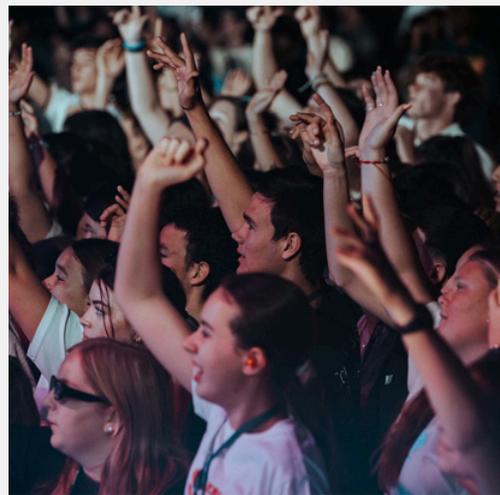
Father Robin gave some tips for dealing with spiritual desolation:

- *Recognise the desolation,*
- *Understand what is happening (and why),*
- *Don't change a good decision which was made outside of desolation,*
- *Act against the desolation (agere contra - to act against),*
- *Have confidence in God's grace,*
- *Practise patience, and*
- *Make use of the times of consolation.*

I believe this was important to hear as a young adult, we can often tell ourselves or our friends that we are just in a 'dry season', in these moments we need to remind ourselves and be thankful for the times of consolation and to focus on and listen to God.

John Kearney





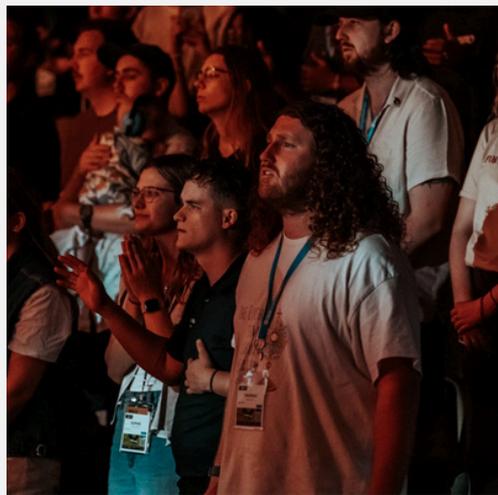
IGNITE GALLERY



IGNITE GALLERY



IGNITE GALLERY



IGNITE GALLERY

SAINTS THIS MONTH

“They experienced many of the same inner struggles, challenges, and joys that we do. They were extremely human but despite their weaknesses, they were used by God as his instruments. They differ greatly in their backgrounds but they are similar to one another in their deep love for God and their desire to serve him. I think of the saints as a network of friends in heaven who help us through their guidance, protection and intercession.” - All Saints Roman Catholic Parish

SAINT JOSEPH

Feast: 19th March

Patron Saint of the Universal Church, unborn children, fathers, workers, travellers, immigrants, and a happy death.



Image: Joshua Benoliel, c. October 1917

A humble carpenter and devoted husband to Mary, Joseph was Jesus' earthly father. Though Joseph learned of the conception from an angel in a dream, it was his faith and righteousness that empowered him to remain faithful to Mary and love her with a pure heart. Their family began in Bethlehem, in poverty and rejection, before fleeing to Egypt to protect their Child from the Herod's paranoia and cruelty. Jesus learned the trade of woodworking from Joseph, grew in wisdom and knowledge, spoke with the elders in the Temple at the age of twelve, and remained obedient to his earthly parents.

“But after he had considered this, an angel of the Lord appeared to him in a dream and said, “Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.” All this took place to fulfill what the Lord had said through the prophet: “The virgin will conceive and give birth to a son, and they will call him Immanuel” (which means “God with us”). When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife.” - Matthew 1:20-24

THE SHEPHERD CHILDREN

Feast: 20th February

Patron Saints of of bodily ills, captives, people ridiculed for their piety, prisoners, sick people

Saint Jacinta Marto, Saint Francisco Marto, and Venerable Lucia dos Santos

Between May 13 and October 13, 1917, three Portuguese shepherd children from Aljustrel, received apparitions of Our Lady at Cova da Iria, near Fátima, a city 110 miles north of Lisbon. At that time, Europe was involved in an extremely bloody war. Portugal itself was in political turmoil, having overthrown its monarchy in 1910; the government disbanded religious organisations soon after. At the first appearance, Mary asked the children to return to that spot on the thirteenth of each month for the next six months. She also asked them to learn to read and write and to pray the rosary “to obtain peace for the world and the end of the war.” They were to pray for sinners and for the conversion of Russia, which had recently overthrown Czar Nicholas II and was soon to fall under communism. Up to 90,000 people gathered for Mary’s final apparition on October 13, 1917.

Less than two years later, Francisco died of influenza in his family home. He was buried in the parish cemetery and then re-buried in the Fátima basilica in 1952.

Jacinta died of influenza in Lisbon in 1920, offering her suffering for the conversion of sinners, peace in the world, and the Holy Father. She was re-buried in the Fátima basilica in 1951.



Image: Photograph of Jacinta taken by photographer Joshua Benoliel, c. October 1917

The Marto’s cousin Lúcia dos Santos, became a Carmelite nun and was still living when Jacinta and Francisco were beatified in 2000; she died five years later. The shrine of Our Lady of Fátima is visited by up to 20 million people a year. Lucia was declared Venerable by Pope Francis on the 22nd June 2023.





Image:

SAINT MATTHEW THE APOSTLE

Feast: 21st September

Patron Saint of civil servants, accountants, bankers, bookkeepers, customs officers, financial officers, guards, moneychangers, money managers, stockbrokers, and tax collectors

Saint Matthew the Apostle was a Jew who worked for the occupying Roman forces, collecting taxes

from other Jews, because of this he was generally viewed as a traitor.

He became a disciple of Jesus during His ministry and would later become one of the authors of the Gospels. The Gospel of Matthew is seen as being primarily written for a Jewish audience, focussing on how Jesus as the Messiah fulfilled the prophecies of the Old Testament. Matthew's calling into Jesus' inner circle was a dramatic gesture of the Messiah's universal message and mission, causing some uproar with the Jewish religious authorities.

According to tradition, Saint Matthew was martyred, this is depicted by the artist Caravaggio as Matthew killed on the orders of the king of Ethiopia while celebrating Mass at the altar.

The Calling of Matthew

'As Jesus went on from there, he saw a man named Matthew sitting at the tax collector's booth. "Follow me," he told him, and Matthew got up and followed him. While Jesus was having dinner at Matthew's house, many tax collectors and sinners came and ate with him and his disciples. When the Pharisees saw this, they asked his disciples, "Why does your teacher eat with tax collectors and sinners?"

On hearing this, Jesus said, "It is not the healthy who need a doctor, but the sick. But go and learn what this means: 'I desire mercy, not sacrifice.' For I have not come to call the righteous, but sinners."

- Matthew 9:9-13

WHAT'S ON



Parish Mass Times

Ballina St Francis Xavier Church

- Saturday Vigil– 5.30 pm
- Sunday – 9.00 am
- Sunday – 11.00 am
- Tuesday to Friday - 12:00 noon

Lennox Head Holy Family Church

- Sunday –7.30 am

Reconciliation is 9:00am Saturdays at the Ballina St Francis Xavier Church

Eucharistic Adoration is 11:00 - 11:45am on Fridays before midday Mass.

Parish Cuppa - Parishioners

After the 9am Mass on the first Sunday of the month the Ballina Parish holds Morning Tea on the Church grounds. This coming month's will be held on the Sunday the 6th October. All are welcome.

Aspire - Young Adults (18-35 years)

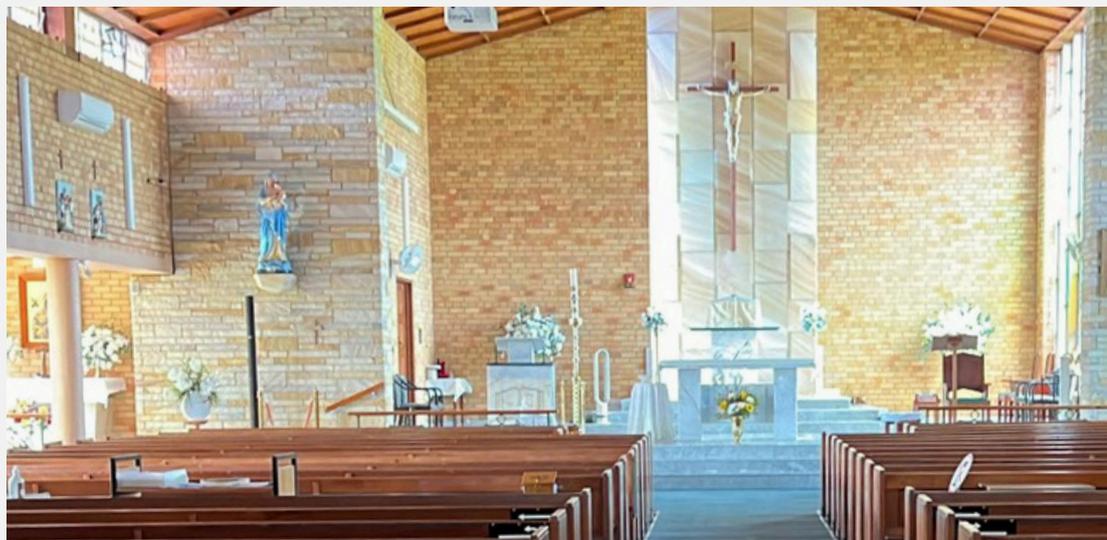
Bishop Greg's monthly young adult spiritual formation began this month. The last meeting of the year will be Wednesday 9th October in Lismore, 5:30-6:30pm. We encourage everyone to try attend in person, but if you are unable to there is a zoom link you can join: <https://lismorecatholic.zoom.us/j/2996657662?omn=82183637889>

Zoom Meeting ID: 299 665 7662

For more information, contact: youth@lismore.catholic.org.au or 02 6626 0253

“What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?”

- Matthew 16:26



G.O.A.T Gathering - Year 10 Boys

Boys in Year 10 have an opportunity to represent Xavier Catholic College at the newest diocesan gathering, which has been given the unusual name of G.O.A.T. We can send eight representatives, and for those chosen, there will be no cost to parents. Participation is fully funded by the diocese.

G.O.A.T is a three-day/two-night Discipleship Gathering at Coffs Harbour, running from Wednesday 13 November, to Friday 15 November. G.O.A.T. is a retreat similar in length and similar in nature to the XCC Year 10 Retreat, but it is for boys from schools across the diocese. There will be 70 Year 10 boys at G.O.A.T. For comparison, there were 33 Year 10 boys at each of our recent school retreats.

The boys at G.O.A.T. will all be enthusiastic retreat participants. It will have a lot of energy. Many of the activities at G.O.A.T. will be similar to our school retreat: presentations to a big group, small group discussions, prayers/liturgies, and various activities. One difference is that G.O.A.T. includes a commando-style fitness course!

Some presentations will be similar to the boys-only session with RealTalk on our school retreat, STRONGER.

G.O.A.T. is designed to provide students with a transformative faith experience as they embark on their journey through manhood, guided by the life of Jesus, the saints and the

teachings of the Catholic Church.

The retreat will emphasise their capacity to become a gift of service to others by living out a radical adventure as a young Christian man.



Upper Room Youth Group - High School Students

High school students, years 7 - 11, join the Upper Room Youth Group every Sunday during term time, 6:00pm - 8:00pm in the St. Francis Xavier Parish Upper Room.

A warm and welcoming group, Upper Room Youth aim to provide a sense of community, culture and belonging to the youth of the Ballina Parish through the development of social and spiritual needs.

Dates for Youth Group in term 4:

- 19th & 27th October
- 03rd, 10th, 17th & 24th November
- 01st, 08th & 15th December

First Youth Group of Term 4 will be after the Leaders' Commissioning Mass on Saturday 19th October, 7:00-9:00pm. We're going 10 Pin Bowling!

Be on your guard; stand firm in the faith; be courageous; be strong. 14 Do everything in love.

- 1 Corinthians 16:13-14

Public Rosary - All Invited!

Hosted in the park opposite the Holy Family Catholic Church in Lennox Head at 11am on Saturday 12th October.

The Public Rosary is an international campaign to pray the Holy Rosary together in commemoration of the last apparition of Our Lady on October 12th 1917 at Fatima, Portugal. It is a great opportunity for prayer groups and communities to join together in public prayer. In 2023 there were 180 groups registered to pray the Rosary throughout Australia.

THE IMPORTANCE

- It is a public witness of the faith
- Public Reparation – many blasphemies are taking place in public and so we must also make reparation in public. At Fatima, Our Lady said to the children: "You saw hell, where the souls of poor sinners go. To save them, God wishes to establish devotion to my Immaculate Heart in the world."
- We are praying for God's merciful blessing to be poured out to our country, for conversion of families to turn back to God.
- Public prayer is powerful: In his monumental work. The Secret of the Rosary, Saint Louis de Montfort states: "Public prayer is far more powerful than private prayer to appease the anger of God and call down His mercy, and His mercy, and Holy Mother Church, guided by the Holy Spirit, has always advocated public prayer in times of public tragedy and suffering."

Alpha Program - Young Adults

Explore Meaning, Life, and Faith on Thursdays 17th October - 5th December, 5:30-7:30pm at the St Francis Xavier Parish Administration Centre.

Alpha is a series of interactive video sessions where you can explore life, faith and meaning in a conversational atmosphere over a shared meal, focussing on connection, content and conversation.

For more information contact the parish office at admin@sfxballina.org.au or call us at 02 6681 1048.

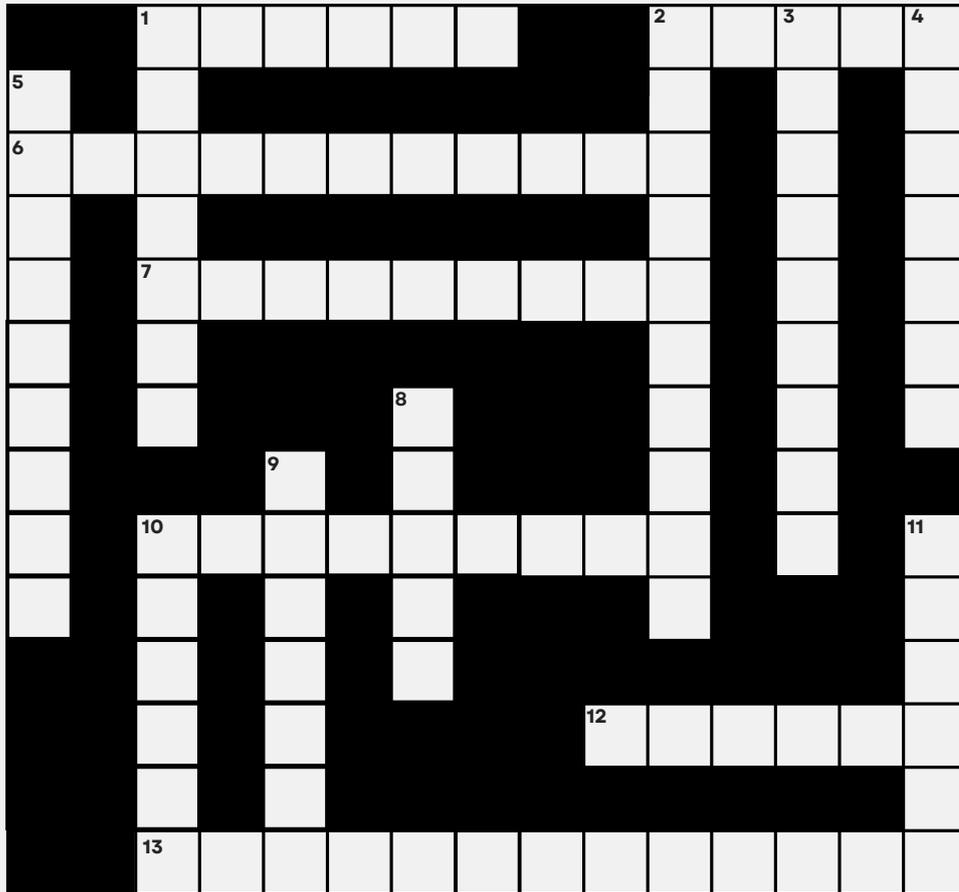


"He said to me: 'It is done. I am the Alpha and the Omega, the Beginning and the End. To the thirsty I will give water without cost from the spring of the water of life.'" - Revelation 21:6

BRAIN TEASERS

A new addition to the Youth Magazine.
Answers will be included in next month's edition.

SEPTEMBER CROSSWORD



Across

- 1 Theme of Ignite 2024 (4,2)
- 2 Third king of the United Kingdom of Israel
- 6 Appearances of Mother Mary
- 7 Michal, Gabriel, and Raphael
- 10 One of the Shepherd Children
- 12 Husband to Mary, and Jesus' earthly father
- 13 Job held by the disciple Matthew (1,3,9)

Down

- 1 "God heals" (Hebrew meaning)
- 2 The movement from focus on God and heavenly to earthly things
- 3 Title bestowed before beatification
- 4 "Once I read a book about glue. I couldn't put it down" (3,4)
- 5 Jesus' family trade
- 8 One of the Shepherd Children
- 9 One of the Shepherd Children
- 10 One of the most popular Catholic Pilgrimage Destinations
- 11 God, Parent, Priest

SEPTEMBER ANAGRAMS

Unscramble the words to make them make sense.

SIRE PLOATES STAIN

INUMAL BAGLIER HALAP

GLEAN MACHILE TORAM

SEPTEMBER SUDOKUS

a.

9	1			2	3			8
	6			1			9	3
3	4	8				6	1	
2	1		3		6		4	
4	8			9	2		6	
		7	4			2		
8	3	1						6
			5			7		1
		9		6	8	3		

b.

	3							2
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c.

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d.

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Brain teasers keep you challenged can increase cognitive function. Life requires good problem-solving skills, and playing brain games can help you hone these essential skills. A brain teaser or puzzle challenges the brain to discover new solutions to problems, boosting critical thinking skills.

AUGUST CROSSWORD SOLUTIONS

**Across**

- 2 Peter _____ (SJ)
 5 Polish priest
 8 Society of Jesus
 10 Strong religious belief
 11 Theme of Shine 2024
 12 Part of the Trinity
 13 Birthplace of Saint Dominic

Down

- 1 Founded 1215
 3 Brendon is known for playing
 4 It takes decades (6,5)
 6 Our Patron's roommate
 7 Fourth Glorious Mystery
 9 Matthew 17
 11 Cricket

AUGUST ANAGRAM SOLUTIONS

STAUGU = AUGUST

BLOKE = KOLBE

ENTIGI = IGNITE

STAFE = FESTA

BLOWS = BOWLS

ALLOYO = LOYOLA

AUGUST SUDOKU SOLUTIONS

a.

4	2	3	7	5	8	9	6	1
9	8	5	6	1	3	4	7	2
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3	9	2	1	7	5	8	4	6
6	5	4	8	3	2	1	9	7
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2	7	9	5	8	1	6	3	4
5	3	8	2	6	4	7	1	9

b.

9	2	6	3	1	8	4	7	5
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3	7	2	1	5	6	8	4	9
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6	1	5	9	8	4	3	2	7

c.

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1	4	6	9	5	8	7	2	3
2	7	5	3	4	6	9	8	1
9	3	8	2	1	7	6	5	4

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AUGUST SAMURAI SUDOKU SOLUTIONS

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2	9	6	4	5	1	3	7	8
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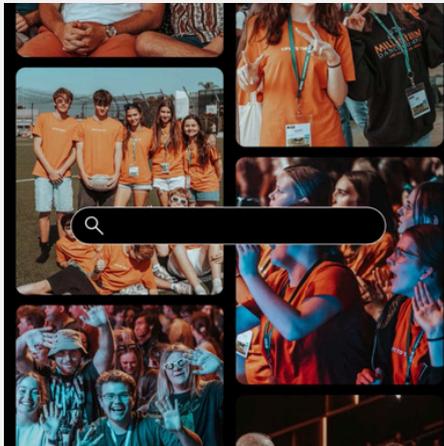
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5	3	2	6	8	7	1	9	4				5	1	3	5	2	7	4	9	8

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2024 NATION WIDE ROSARY CHAIN

11:00AM, SATURDAY 12TH OCTOBER

BEACHFRONT PARK OPPOSITE THE HOLY FAMILY CHURCH, LENNOX HEAD

SAINT OF THE WEEK

SAINTE MATTHEW

BALLINA.YOUTH

TERM THREE

RECAP

ASPIRE

09/10 5:30PM

with Bishop Gregory Homerting

Young Adult Spiritual Formation (18-35 yrs)

Wednesday 5:30-6:30pm in Lismore

or

Join the Zoom Meeting
ZOOM ID: 299 665 7662

UPPER ROOM

youth group

SUNDAY 22ND SEPTEMBER
6:00 - 8:00PM
DINNER : FUN : GAMES

EXPLORE meaning life faith

Alpha

Thursdays 5:30 to 7:30pm

connection · content · conversation

Spiritual Formation: 17th October - 5th December

At St. Francis Xavier Admin Centre Ballina

Dinner will be provided.

Scan the QR code to RSVP by Monday 14th October

BALLINA.YOUTH

Instagram Page

Give us a follow on Instagram @ballina.youth to keep up to date on youth group, young adults and all things youth in our Parish!

UPPER ROOM

Youth Groups



High School Students:

Years 7 - 12

Every Sunday during term time

6:00pm - 8:00pm

St. Francis Xavier Parish Upper Room

Term 4 Dates:

19th & 27th October

03rd, 10th, 17th & 24th November

01st, 08th & 15th December



"Whoever dwells in the shelter of the Most High, will rest in the shadow of the Almighty." - Psalm 91:1

COMING SOON

in the light

IGNITE CONFERENCE 25

'The light shines in the darkness and the darkness has not overcome it' John 1:5

Sydney

10-13 July 2025

Broken Bay Cathedral Precinct, Waitara

Brisbane

25-28 September 2025

St Laurence's College, Brisbane

Ignite Conference is an event of Ignite Youth, a national Catholic youth ministry of Emmanuel Community in Brisbane.

hello@igniteyouth.com

[\(07\) 3217 5199](tel:(07)32175199)

The emotional, physical and spiritual well-being and dignity of all people is an integral part of the Catholic Church. The Diocese of Lismore is committed and dedicated to safeguarding all those within our community, especially children, young people and vulnerable adults.

The Diocese of Lismore is committed to fostering communities of safety and care. We acknowledge our legal, moral, and spiritual responsibilities to care for - and uphold the dignity and rights of - children, young people, and vulnerable adults.

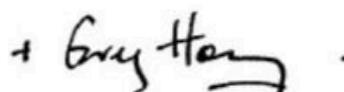
The Diocese of Lismore has;

1. a zero tolerance to the abuse or neglect of children, young people or vulnerable adults and commits to acting in their best interests at all times;
2. established a policy and developed a range of procedures that work together to protect, and, where required, to respond immediately and compassionately to any harm, or risk of harm; and
3. safeguarding procedures and practices underpinned by legislation – ensuring ongoing compliance, accountability and transparency in all ministries undertaken by the Church.

Creating safe environments is a dynamic process that involves active participation and responsibility by parishes, schools, families and communities. Safe environments are marked by collaboration, vigilance and a proactive approach to safeguarding. Workers have a responsibility to safeguard children, young people and the vulnerable through promoting their welfare, health and development in a safe and caring environment. All workers, including clergy, employees and volunteers are to be educated as to their responsibilities to undertake their roles in a way that enhances a safe and caring environment.



BISHOP of LISMORE
— GREGORY HOMEMING OCD —



19th May, 2020



Diocese of Lismore

is committed to implementing the Child Safe Standards



STANDARD 1

Child safety is embedded in organisational leadership, governance and culture



STANDARD 3

Families and communities are informed and involved



STANDARD 2

Children participate in decisions affecting them and are taken seriously

STANDARD 4

Equity is upheld and diverse needs are taken into account



STANDARD 5

People working with children are suitable and supported



STANDARD 6

Processes to respond to complaints of child abuse are child focused



STANDARD 7

Staff are equipped with the knowledge, skills and awareness to keep children safe through continual education and training



STANDARD 8

Physical and online environments minimise the opportunity for abuse to occur



STANDARD 9

Implementation of the Child Safe Standards is continuously reviewed and improved



STANDARD 10

Policies and procedures document how the organisation is child safe

For more information on the Child Safe Standards visit www.ocg.nsw.gov.au



Office of the Children's Guardian



SUPPORT SERVICES



care | protect | act

Child Protection Hotline
13 21 11 (24 hours/7 days)

NSW Police Emergency
000 (24 hours/7 days)

NSW Victims Access Line: 1800 633 063

NSW Victims Support Scheme:
www.victimsservices.justice.nsw.gov.au
Counselling, financial support and a recognition payment to victims of a violent crime in NSW.

Child Wise
1800 991 099

Phone and online counselling for all forms of childhood abuse - www.childwise.org.au



Beyond Blue: 1300 224 636

Information and support for mental health.
www.beyondblue.org.au



Headspace: Free counselling services to help young people with mental health, physical health (including sexual health) alcohol and other drug services - headspace.org.au/



Kids Helpline: 1800 551 800.

24/7 phone and online counselling for young people aged 5-25.
www.kidshelpline.com.au



Lifeline: 13 11 14

Crisis support 24/7.
www.lifeline.org.au



Link Up NSW
Aboriginal Corporation
1800 624 332

(not available to mobiles) or **02 9421 4700**. Counselling, healing and culturally appropriate support for Indigenous Australians - www.linkupNSW.org.au



MensLine Australia
1300 789 978

Phone/online support.
www.mensline.org.au



Youth Beyond Blue
1300 224 636

Information and support for young people about issues associated with mental health conditions.
www.youthbeyondblue.com



ABUSE OF ELDERLY / DISABLED

NSW ageing and disability Abuse Hotline
1800 628 221

BULLYING

Bullying No Way:
bullyingnoway.gov.au/



DOMESTIC VIOLENCE

Domestic Violence Line: 1800 656 463

1800 Respect: 1800 737 732
www.1800respect.org.au/



Services Australia
www.servicesaustralia.gov.au/family-and-domestic-violence



ONLINE SAFETY

eSafety Guide: <https://www.esafety.gov.au/>



SEXUAL ABUSE

NSW Rape Crisis: 1800 424 017
Health Sexual Assault Services.
www.health.nsw.gov.au/

Sexual Assault Counselling Australia
1800 211 028. Telephone counselling.
www.sexualassaultcounselling.org.au

Bravehearts Inc
1800 272 831

Advice and support to those affected by sexual assault.
www.bravehearts.org.au



Blue Knot Foundation
1300 657 380. For adult survivors of child abuse. blueknot.org.au



Survivors and Mates
Support Network
1800 472 676.

For male survivors of childhood sexual abuse and their families.
www.sexualassaultcounselling.org.au



Interrelate: 1300 473 528

Counselling and support for those affected by institutional child sexual abuse. www.interrelate.org.au



SEXUAL HARASSMENT

Sexual harassment | SafeWork NSW
www.safework.nsw.gov.au/hazards-a-z/sexual-harassment



NEOTĒS

